KINESIOLOGY 1114/1134
BEGINNING & ADVANCED BOWLING

TEXTBOOK
Right Down Your Alley by Grinfield & Hultstand

COURSE
This course is designed to provide the basic fundamentals of bowling. Students will learn to keep score and to compute their bowling average and handicap. Students will learn the four step approach and the appropriate grip using a house ball. Accuracy rather than power will be emphasized. After midterm students will have the opportunity to participate in a league type class format. Beginning and ending averages will be compared for Individual improvement and students are encouraged to bowl at extra games during the semester.

OBJECTIVES
1. Students will be able to keep score.
2. Students will be able to compute bowling average.
3. Students will be able to compute handicap.
4. Students will be able to demonstrate the 4-step approach.
5. Students will be able to demonstrate the straight or hook delivery.
6. Students will be knowledgeable of the rules and strategy.
   A. Knowledge of rules & scoring demonstrated on test.
   B. Strategy demonstrated in class with use of 3-6-9 spare conversion system & averages.

ATTENDANCE POLICY
Each student will start with 120 points in attendance and participation. For each class activity not completed, points will be deducted (not to exceed 10 points). For each absence 10 points will be deducted. A student will be considered tardy when he/she misses roll call. Three (3) tardy notations in the attendance log will count as one (1) absence. If a student misses three (3) days in succession, it will be considered excessive, and an excessive absence form will be submitted to the registrar’s office. If a student misses a total six (6) absences not successive, but an accumulation of six (6), he or she will be dropped from this course.

Class will start 10 minutes later (1:10 p.m.) to allow for travel time to the bowling alley. Be on time! Those arriving after 1:10 p.m. may not be allowed to bowl with the class and must make it up when a lane is free or on another day.

COURSE REQUIREMENTS

<table>
<thead>
<tr>
<th>COURSE REQUIREMENTS</th>
<th>Evaluation</th>
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<tbody>
<tr>
<td>1. Attend Class</td>
<td>Take Home Exam 20%</td>
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<tr>
<td>2. Complete all necessary reading</td>
<td>Scoring Exam 20%</td>
</tr>
<tr>
<td>3. Complete &amp; turn in take-home exam</td>
<td>Final Exam 20%</td>
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<tr>
<td>4. Take scoring exam</td>
<td>*Skill/Participation 20%</td>
</tr>
<tr>
<td>5. Take final</td>
<td>Attendance 20%</td>
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*Skill requirements differ for Beginning & Advanced Classes

If the student is absent on the day of the scheduled mid-term or final exam, the student must make arrangements with the instructor to take the mid-term no more than 5 days from the date the test was given and the final exam before final grades must be logged into the computer. Remember instructors may not have regular office hours during final exams. If the student fails to make the appropriate arrangements or does not take the exam he/she scheduled, the student will receive a zero for that test grade.

DRESS & APPROPRIATE ATTIRE
Classes will be held in the weight room and gym. Comfortable shorts/sweat pants and t-shirts will allow you to move, breathe, and stay cool. A supportive shoe will help prevent injuries. Appropriate shoes are required.

LOCKS
Students are responsible for all personal belongings. If books or a change of clothing are brought to class, these should be locked in a locker. If you plan on bringing anything other than keys to class, you need to rent a locker. The locker rental fee is $3.00 per semester.

INSURANCE: CBC does not automatically provide student-accident insurance coverage. For more information concerning personal insurance you should contact the CBC Business Office. This type of insurance can be purchased if you decide you want this coverage.
MISCELLANEOUS INFO

1. **YOU MUST WEAR SOCKS!!!**
2. Any clothing that restricts movement is not allowed such as skirts (long or short) and very low rise jeans.
3. No outside food or drinks will be allowed in Bee Family Fun Center. You may purchase food & drinks at the center.
4. Use of any alcohol or tobacco products is prohibited.
5. **Pagers/Cell phones must be turned off during class.** Students are not allowed to talk on cells phones after 1:10 p.m. If this policy is abused the student will lose 5 participation points each time he/she is reminded of this policy.
6. Students are responsible for all personal belongings. Shoes should be placed under a table not left all over the floor for someone to trip over.
7. CBC does not automatically provide student-accident insurance. If you are interested in purchasing this type of insurance, please contact the CBC Business Office.

IMPORTANT INFORMATION

Please read the following statements carefully. If necessary, please arrange a meeting with me.

1. If you have a documented disability that will impact your work in this class, please contact me to discuss your needs.
2. Plagiarism and any form of academic dishonesty are prohibited and will be sanctioned by CBC.
3. No electronic devices are allowed the Gym during this class unless prior approval has been given! This also applies when you are taking your Mid-Term and Final Exams.
4. Coastal Bend College does not discriminate on the basis of race, creed, color, national origin, gender, age, or disability.