Kinesiology 1301
Foundations of Kinesiology

TEXTBOOK

COURSE DESCRIPTION
This is a three (3) credit hour course. This course is designed to provide students with an introduction to the wide range of activities and career opportunities made available by the Kinesiology profession. This will include school and nonschool settings involving people of different ages and abilities, a history of the field, the challenges confronting physical education, and the future of physical education, exercise science and sport. This information will help develop an understanding of the physiological, psychological, sociological, and biomechanical foundations of this field.

COURSE OBJECTIVES
1. Students will understand the objectives of the Kinesiology programs.
2. Students will be familiar with the careers in physical education, exercise science, and sport.
3. Students will understand that ethics is a branch of philosophy that deals with moral values.
4. Students will develop an understanding of teaching opportunities for Kinesiology educators and the necessary professional preparation needed for Kinesiology educators to be successful.
5. Students will develop an awareness of the various professional organizations which are of great value to the Kinesiology profession.
6. Students will be aware of the history of the Kinesiology field.
7. Students will broaden their knowledge of this field by completing the four (4) abstracts.
8. Students will complete the necessary research for the class presentation.

ATTENDANCE POLICY
Each student will start with 120 points in attendance and participation. For each class activity not completed, points will be deducted (not to exceed 10 points). For each absence 10 points will be deducted. A student will be considered tardy when he/she misses roll call. Three (3) tardy notations in the attendance log will count as one (1) absence. If a student misses three (3) days in succession, it will be considered excessive, and an excessive absence form will be submitted to the registrar’s office. If a student misses a total six (6) absences not successive, but an accumulation of six (6), he or she will be dropped from this course.

If a student is absent on the day a unit test is given, a make-up test may be arranged. All make-up tests will consist of only essay questions.

COURSE REQUIREMENTS
1. Each student will be responsible for all textbook material and the material covered in class.
2. Each student will complete four (4) abstracts that address the Kinesiology field. Failure to complete all four will result in the loss of 20 points from the final grade.
3. Students will complete all chapter study questions and turn them in by the due date.
4. Students will complete three (3) or four (4) in-class tests over all the material covered. Students will present an in-class presentation on an approved subject. Students must contribute to the project and be present during the presentation to receive a grade. Failure to contribute to the research and presentation will result in the loss of 20 points from the final grade. If student is absent due to illness on the day of the final presentation the student will be required to turn in a research paper on an approved topic.

EVALUATION
Each student's grade will be calculated according to the following percentages.

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<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Tests</td>
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<td>Assignments</td>
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<td>Abstracts</td>
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<tr>
<td>Class Presentation</td>
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<td>Attendance</td>
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</tbody>
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ABSTRACT FORM
Smith, John B., "Physical Education Opportunities in Inner City New York," Journal of Physical Education Recreation, and
SUMMARY: The word summary should be all caps and bold. This summary should begin immediately after the colon and be one to three paragraphs summarizing the article. This should take one to one and a half pages normally. However, if the article is several pages, it may take up to two full pages. Remember you are only summarizing. This means that you will not use specific details. You are only giving minimal details, but it must still make sense to the reader.

CRITIQUE: The word critique should be all caps and bold and begin immediately after the colon. This critique is your opinion of the article. It should be one to two paragraphs indicating what you thought of the article, why you did or did not like article, and how it would or would not be beneficial to you and your career. Your critique may be longer than your summary.

KEEP THIS FORM AND MAKE SURE THAT YOU FOLLOW IT FOR YOUR ABSTRACTS. Each abstract is worth 4 points. If the abstract is turned in on or before the due date, the student can earn two (2) bonus points. These bonus points will be added to the final grade (this can make a difference in a letter grade). Failure to follow the appropriate abstract form will result in the loss of one to three points.

FOR EXTRA CREDIT ABSTRACTS ARE DUE ON THE FOLLOWING DATES!
Abstract #1.................................Week II
Abstract #2.................................Week III
Abstract #3.................................Week IV
Abstract #4.................................Week V

For each abstract handed in on the appropriate due date, the student can earn up to two (2) points that will be added to the final grade. All abstracts can be handed in early to earn a total 10 points.

IMPORTANT INFORMATION
Please read the following statements carefully. If necessary, please arrange a meeting with me.

1. If you have a documented disability that will impact your work in this class, please contact me to discuss your needs.
2. Plagiarism and any form of academic dishonesty are prohibited and will be sanctioned by CBC.
3. No electronic devices are allowed the Gym during this class unless prior approval has been given! This also applies when you are taking your Mid-Term and Final Exams.
4. Coastal Bend College does not discriminate on the basis of race, creed, color, national origin, gender, age, or disability.