KINESIOLOGY 1143.011 Frisbee Golf

TEXTBOOK
For this class resource will be provided in order to meet the academic needs of the course. A rule book and terminology will be given the first day of class. You can also access the rule book at http://www.pdga.com/rules

COURSE DESCRIPTION
This is a one (1) credit hour course. Students will learn the fundamentals of disc golf. Emphasis is placed on basic throwing techniques, putting, distance driving, scoring, and doubles play. Students will also become knowledgeable on the rules established by the PDGA, as well as the terminology of the rules.

OBJECTIVES
1. The student will understand the basic rules and terminology set forth by the PDGA.
2. The student will be able to demonstrate the proper throwing techniques.
3. The student will be able to score a singles game
4. The student will demonstrate proper putting techniques.

ATTENDANCE POLICY
Each student will start with 120 points in attendance and participation. For each class activity not completed, points will be deducted (not to exceed 10 points). For each absence 10 points will be deducted. A student will be considered tardy when he/she misses roll call. Three (3) tardy notations in the attendance log will count as one (1) absence. If a student misses three (3) days in succession, it will be considered excessive, and an excessive absence form will be submitted to the registrar's office. If a student misses a total six (6) absences not successive, but an accumulation of six (6), he or she will be dropped from this course.

COURSE REQUIREMENTS
1. Attend Class
2. Complete all in and out of class make-up work
3. Read assigned readings or related materials given by instructor
4. Take mid-term and final exam

COURSE LOCATION
The Frisbee Golf class will be held at Veteran's Memorial Park (200 Acre Park) in Beeville, TX. This is an 18 hole course. You must have transportation to and from the park. If you need a ride contact me.

EVALUATION
Attendance 25%  Mid-Term 25%
Participation 25%  Final Exam 25%

DRESS & APPROPRIATE ATTIRE
The golf course is located on some rugged terrain. Clothing should allow freedom of movement and be climate appropriate. If it is hot you can wear shorts, when it gets colder you may wear pants, but make sure that they allow for movement.

INSURANCE: CBC does not automatically provide student-accident insurance coverage. For more information concerning personal insurance you should contact the CBC Business Office. This type of insurance can be purchased if you decide you want this coverage.

IMPORTANT INFORMATION
Please read the following statements carefully. If necessary, please arrange a meeting with me.
1. If you have a documented disability that will impact your work in this class, please contact me to discuss your needs.
2. Plagiarism and any form of academic dishonesty are prohibited and will be sanctioned by CBC.
3. No electronic devices are allowed to be used during this class unless prior approval has been given! This also applies when you are taking your daily quizzes or ARC exams.
4. Coastal Bend College does not discriminate on the basis of race, creed, color, national origin, gender, age, or disability.

**EXAMINATIONS**

Mid-Term Exam will cover the general rules and terminology

Final Exam will cover the entire rule book and terminology