



Coastal Bend COLLEGE

Administrative Master Syllabus

Cover Sheet

Purpose: The Administrative Master Syllabus provides a general course description, defines the required elements of the course, and establishes a faculty-driven foundation for course assessment to ensure continuous improvement in student learning, irrespective of the course timeframe, or mode of course delivery.

Course Title: **Mental Health Nursing**

Course Prefix and Number: **RNSG 2213**

THECB Approval Number (10 digit): **5138010000**

Department: **Nursing** Division: **Nursing and Allied Health**

Course Type: (check only one)

- Academic General Education Course (From ACGM but not a CBC Core Course)
- Academic CBC Core Course
- WECM Course (Special Topics or Unique Needs Course: Y or N)

Weekly Contact Hours (Lecture – Lab – External): **2** - **0** - **0**

Course Catalog Description:

Principles and concepts of mental health, psychopathology, and treatment modalities related to the nursing care of patients and their families. This course lends itself to a blocked approach.

Prerequisites/Co-requisites:

HPRS 1106, NURA 1301, NURA 1160, BIOL 2301, BIOL 2101, BIOL 2302, BIOL 2102 and admission into the nursing program.

Approval: The contents of this document have been reviewed and are found to be accurate.

Prepared by (Content Expert): **Loana Hernandez** Digitally signed by Loana Hernandez
Date: 2022.12.02 08:06:02 -06'00'

Reviewed by Director or Coordinator: **Loana Hernandez** Digitally signed by Loana Hernandez
Date: 2022.12.02 08:06:42 -06'00'

Approved by Dean of CTE or NAH or TGE: **Loana Hernandez** Digitally signed by Loana Hernandez
Date: 2022.12.02 08:06:52 -06'00'



Coastal Bend COLLEGE

Master Course Syllabus

Course Name: RNSG 2213 Mental Health Nursing

Course Description: Principles and concepts of mental health, psychopathology, and treatment modalities related to the nursing care of patients and their families. This course lends itself to a blocked approach.

Semester Hour Credit: 2

Lecture Hrs. per Week/Lab Hrs. per Week/External Hrs. per Week: 2/0/0

Curriculum Capacity:

Face-to-Face Lab
Online Lab
Face-to-Face Lecture - 30
Online - 30
Virtual Face-to-Face
Interactive video (multi-locations)
Hybrid - 30
Clinical

Recommended enrollment threshold:

Face-to-Face Lab
Online Lab
Face-to-Face Lecture - 15
Online - 15
Virtual Face-to-Face
Interactive video (multi-locations)
Hybrid - 15
Clinical

Textbook and/or other major required readings:

Title: Varcarolis' Foundations of Psychiatric-Mental Health Nursing
Author: Halter
Publisher: Elsevier
Edition: 8th
ISBN: 9780323722988

Revised 2021-2022

Other Resources: Assessment Technologies Institute, LLC retrieved from www.atitesting.com.
More information will be provided in Blackboard.

The Student Learning Outcomes for the course are the same regardless of modality or location.

**Course Outcomes
(WECM or LDACGM)**

1. Explain the roles of the professional nurse in caring for patients and families experiencing mental health problems.
2. Use therapeutic communication; utilizes critical thinking skills and a systematic problem-solving process for providing care to patients and families experiencing mental health problems.

The following general education course competencies (TGE) or Marketable SCAN Skills (CTE/NAH) are addressed in this course: General education course competencies (TGE) or Marketable SCAN Skills (CTE/NAH) assessed are indicated with an asterisk *.

- Social Perceptiveness — Being aware of others' reactions and understanding why they react as they do.
- Active Listening — Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- Coordination — Adjusting actions in relation to others' actions.
- Speaking — Talking to others to convey information effectively.
- Judgment and Decision Making — Considering the relative costs and benefits of potential actions to choose the most appropriate one.
- Writing — Communicating effectively in writing as appropriate for the needs of the audience.
- Critical Thinking — Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions, or approaches to problems.
- Complex Problem Solving — Identifying complex problems and reviewing related information to develop and evaluate options and implement solutions.

The following program student learning outcome are assessed for this course:

- Use clinical reasoning and knowledge based on the diploma or associate degree nursing program of study and evidence- based practice outcomes as a basis for decision-making in nursing practice.
- Determine the physical and mental health status, needs, and preferences influenced by culture, spirituality, ethnicity, identity, and social diversity of patients and their families, and the interpretation of comprehensive health assessment findings compared with evidence-based health data derived from the diploma or associate degree nursing program of study.
- Analyze comprehensive assessment data to identify problems, formulate goals/outcomes, and develop plans of care for patients and their families using information from evidence-based practice in collaboration with patients, their families, and the interdisciplinary health care team.
- Provide safe, compassionate, comprehensive nursing care to patients and their families through a broad array of health care services.

- Implement the plan of care for patients and their families within legal, ethical, and regulatory parameters and in consideration of disease prevention, wellness, and promotion of healthy lifestyles.
- Develop, implement, and evaluate teaching plans for patients and their families to address health promotion, maintenance, and restoration.
- Implement measures to promote quality and a safe environment for patients, self, and others.

Evaluation Methods:

Content exams
Assignments
Final comprehensive exam

Course Grading: Please see individualized instructor policies for course evaluation methods. Students will be assessed on the same measure across each discipline as per CBC guidelines.

Major Course Assignments and/or exams counting for at least 10% of a final course grade:

Content exams
Final comprehensive exam

Grade Scale:

A = 90-100
B = 80-89
C = 75-79
D = 70-74
F = Below 70
Students must achieve a grade of 75 or better to pass this course.

Course Subject Matter Outline:

Mental Health and Mental Illness
Theories and Therapies
Psychobiology and Psychopharmacology
Treatment Settings
Cultural Implications
Legal and Ethical Considerations
The Nursing Process and Standards of Care
Therapeutic Relationships
Therapeutic Communication
Stress Responses and Stress Management
Childhood and Neurodevelopmental Disorders
Schizophrenia Spectrum Disorders
Bipolar and Related Disorders
Depressive Disorders

Anxiety and Obsessive-Compulsive Disorders
Trauma, Stressor-Related, and Dissociative Disorders
Somatic Symptom Disorders
Eating and Feeding Disorders
Sleep-Wake Disorders
Sexual Dysfunction, Gender Dysphoria, and Paraphilias
Impulse Control Disorders
Substance-Related and Addictive Disorders
Neurocognitive Disorders
Personality Disorders
Suicide and Nonsuicidal Self-Injury
Crisis and Disaster
Anger, Aggression, and Violence
Child, Older Adult, and Intimate Partner Violence
Sexual Assault
Dying, Death, and Grieving
Older Adults
Serious Mental Illness
Forensic Nursing
Therapeutic Groups
Family Interventions
Integrative Care

Additional Course Requirements:

Prerequisite: HPRS 1106, NURA 1301, NURA 1160, BIOL 2301, BIOL 2101, BIOL 2302, BIOL 210 and admission into the nursing program.

Class Attendance and Classroom Conduct Policies

Attendance Policy: Please see individualized instructor policies for attendance, which is pursuant to any related policy as outlined by the college handbook, financial aid agreements, or any other college related understanding (e.g., athletics, organizations).

Telephone Support: Toll Free: 866-722-2838 or Direct Line: 361-354-2508

I.T. Support Blackboard

<http://coastalbend.edu/it/>

IT Help Desk
1-361-354-2508

helpdesk@coastalbend.edu

Live Chat: Fall/Spring Hours: Monday - Thursday from 8 a.m. to 5 p.m. Summer Hours: Monday – Thursday from 7 a.m. to 6 p.m.

Tutoring Services: Coastal Bend College is committed to the academic success of all students enrolled at the college. A variety of services, including academic support, individual tutoring sessions, group tutoring sessions, and online tutoring, are available to students depending on the availability of tutors for the subject matter requested. All tutoring is provided at no cost to current CBC students who are currently enrolled at CBC. On-demand tutoring services are accessible 24 hours a day, seven days a week through the TutorMe platform, which may be accessed through your Blackboard account. To request a tutor, please complete the online tutor request form found at <http://www.coastalbend.edu/tutoring/> to submit your request. If you have any questions about tutoring programs, you can contact to tutoring@coastalbend.edu.

Beeville	Alice	Kingsville	Pleasanton
3800 Charco Road Beeville, TX 78102 1-866-722-2838	704 Coyote Trail Alice, TX 78332 1-866-891-2981	1814 Brahma Blvd. Kingsville, TX 78363 1-866-262-1615	1411 Bensdale Pleasanton, TX 78064 1-866-361-4222

Grady C. Hogue Learning Resource Center (Library): Located on the Beeville campus, the operation hours are Monday - Friday from 8:00 a.m. to 5:00 p.m.

(Summer semesters will observe the CBC campus operation hours) For locations and hours of the CBC library in Alice, Kingsville, and Pleasanton sites please visit the library web page link below.

Grady C. Hogue Learning Resource Center (Library): <http://lrc.coastalbend.edu/about>

Financial Aid: Resources are available for students for financial aid, work study, and veteran benefits. For additional information, visit our website at <http://coastalbend.edu/finaid> or contact us at 361-354-2238. Office hours: Monday - Friday from 8:00 a.m. to 5:00 p.m.

ADA Statement: No qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College District, or be subjected to discrimination by the College District. Nor shall the College District exclude or otherwise deny equal services, programs, or activities to an individual because of the known disability of an individual with whom the individual is known to have a relationship or association. 42 U.S.C. 12132; 28 CFR 35.130(g). See at: [GA \(Legal\)](#)

Students with Disabilities: Please notify your instructor of any modification/adaptation you may require to accommodate a disability-related need. You will need to provide documentation to the Director of Accessibility Services so the most appropriate accommodations can be determined. Specialized services are available through the Office of Accessibility Services (OAS) (SSB 4.104, 471-6259). For more information, please email oas@coastalbend.edu.

Scholastic Dishonesty: Each student is charged with notice and knowledge of the contents and provisions of Coastal Bend College's rules and regulations concerning student conduct. All students shall obey the law, show respect for properly constituted authority, and observe correct standards of conduct. Scholastic dishonesty shall constitute a violation of these rules and regulations and is punishable as prescribed by Coastal Bend College Policies FLB (Local) and FM (Local). Scholastic dishonesty shall include, but not be limited to, cheating on a test, plagiarism, and collusion. See at: [FLB \(Local\)](#) and [FM \(Local\)](#).

Use of E-mail for Official Correspondence to Students: All students should be familiar with the college's official email student notification policy. Students are expected to check their CBC email on a frequent and regular basis to stay current with college-related communications, recognizing that certain communications may be time-critical.

Copyright Law and Intellectual Property Rights Policy: Copyright is the right of an author, artist, composer or other creator of a work of authorship to control the use of his or her work by others. Protection extends to literary works, musical works, dramatic works, pantomimes and choreographic works, pictorial and graphic works, sculpture, motion pictures and other audiovisual works, sound recordings and architectural works. Generally speaking, a copyrighted work may not be reproduced by others without the copyright owner's permission. The public display or performance of copyrighted works is similarly restricted. Generally, the unauthorized reproduction, performance or distribution of a copyrighted work is copyright infringement and may subject the infringer to civil and criminal penalties. The Fair Use Doctrine outlines exceptions to this Law and is outlined in Coastal Bend College Policy, [CT \(Legal\)](#).

Coastal Bend College, its faculty, students and employees must comply with Copyright Law. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to the Director of Library Services at: library@coastalbend.edu or the Office of Marketing and Public Relations at: socialmedia@coastalbend.edu.

Intellectual Property: Student /Third Party Works: Rights to copyrightable or patentable works created by a student or a third party, that is, not a College District employee, shall reside with the author/ creator. Detailed information on Copyright Law and Intellectual Property Rights is available in Coastal Bend College Policy [CT \(Legal\)](#) and [CT \(Local\)](#).

Questions regarding this information should be directed to the Director of Library Services at: library@coastalbend.edu or the Office of Marketing and Public Relations at: socialmedia@coastalbend.edu.

NOTE: The College website (<http://coastalbend.edu>) serves as the main source with the most current version of the Coastal Bend College Board Policies and the Coastal Bend College Catalog.

Student success is our number one priority at Coastal Bend College and we realize that prompt, effective communication (such as emails, assignment feedback, discussion boards and announcements) plays a significant role in achieving that goal. It is vitally important that you have the proper contact information for your instructor. This should include their phone number, email address, and if applicable, their office number, and office hours. **Faculty schedules can be located online at <http://coastalbend.edu/hb2504/>**

If you have any problems contacting your instructor, or do not receive a prompt response to your inquiries, please contact the Dean or Division Coordinator/Program Director as soon as possible. Their contact information is provided below:

Loana Hernandez Dean of Nursing and Allied Health 361-354-2341 lhernandez@coastalbend.edu	
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We wish you all the best in your education and encourage you to contact us if you have any questions or concerns.

Keeping student success in sight, faculty in each of the courses will review the course information, including specific reading schedules, assignments, and testing information, with students during the first week of class.

Additionally, the course information will be posted to Blackboard.

This master syllabus is subject to change due to unforeseen circumstances.