



Coastal Bend COLLEGE

Curriculum Vitae

Name: Darlene Neth Stockton

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Education:

Credential Earned	College/University and Location	Year Earned
M.S.	Texas A&I University – Kingsville, TX	1986
B.S.	Corpus Christi State University – Corpus Christi, TX	1983
	Del Mar College – Corpus Christi, TX (transferred)	(1980 – 1982)

Teaching Experience:

Institution and Location	Year(s)
Coastal Bend College – Beeville, TX	1988 – present
YWCA – Corpus Christi, TX	1986 – 1988
Del Mar College – Corpus Christi, TX (adjunct)	1983 – 1988
Texas A&I University – Kingsville, TX (graduate assistant)	1983 – 1986

Professional, Technical, and Work-Related Experience, Skills, Licensure & Certifications: (if applicable)

	Years(s)
American Red Cross: CPR/AED for Professional Rescuer	1989 – present
American Red Cross: First Aid/CPR/AED	1989 – present

Professional Achievements and Publications:

	Years(s)
Pilates-Based Exercises for Lifetime Fitness, 1 st edition American Press	2008
Pilates-Based Exercises for Lifetime Fitness, 2 nd edition (May release) American Press	2022
Concepts of Fitness, 2 nd edition Kendall Hunt	2018